

WHAT TO LOOK FOR IN A LONG-TERM ACUTE CARE (LTAC) FACILITY

OUTCOMES	• How often do patients recover? • What are the infection rates and hospital readmission rates? • What are the patient satisfaction scores?
NURSING - PATIENT RATIO	• How many nurses are available per patient?
EXPERTISE	• Does the facility have up-to-date equipment and technology for specialized treatments such as mechanical ventilation, dialysis, wound care, two-point restraint and diagnostic imaging? • Does it offer comprehensive therapy services—physical, occupational and speech specialists? • Is access to effective pain management services available if needed?
EMERGENCIES	• Can the facility provide immediate medical intervention if the patient's condition worsens? • Is it close to a hospital, preferably a Level 1 Trauma Center?

RESOURCES

Visit websites of the Rehabilitation Facilities

Ask to talk to Facility Liaisons at UC Health

Complete In-Person Visits

Complete Virtual Tours

Visit the CMS 5-star rating website to learn if the facility meets the CMS requirements:

<https://www.medicare.gov/care-compare/>

LONG-TERM ACUTE CARE (LTAC) FACILITIES

WHAT IS AN LTAC

- A Long-Term Acute Care (LTAC) facility is a special hospital for patients who are very sick and still need strong medical care for a longer time. LTACs help people who need breathing support, feeding tubes, wound care, infection treatment or other complex needs

WHO CAN GO TO AN LTAC

- Patients may be accepted into an LTAC if they need daily hospital-level care, have serious medical needs, need more time to heal or are not ready for a Skilled Nursing Facility (SNF) or Inpatient Rehabilitation (IPR)

WHY GO TO LTAC BEFORE SNF OR IPR

- LTACs give patients more time to heal, offer close monitoring by hospital doctors, help stabilize breathing and infections and prepare patients to succeed later in SNF or IPR. This often leads to better recovery and safety

UC HEALTH + SELECT PARTNERSHIP

- UC Health partners with Select Specialty Hospital in Cincinnati. UC Health doctors are trained and accredited to care for UC Health patients at SELECT locations. This means your UC Health doctors can continue to follow you, even when you move to LTAC

WHY THIS MATTERS: CONTINUITY OF CARE

- Because UC Health doctors follow you across locations, your medical history is known, communication is smoother and your recovery stays on track. This helps prevent delays in care and improves long-term outcomes