

WHAT TO LOOK FOR IN A SKILLED NURSING FACILITY (SNF)

OUTCOMES	• How often are patients readmitted to the hospital? • How often do patients get infections during their stay? • How often do patient receives therapy, the average therapy hours per day? These outcomes provide insight into the quality of care provided.
STAFFING	• How many nurses attend to one patient? • Do facility employees often change? • Are Occupational, Speech and Physical Therapists available? • Is transportation to follow up visits at UC Health possible?
EXPERTISE	• Does the facility provide 24-hour access to skilled nursing and has medical specialists or a medical director to manage complex care needs? • A good SNF will provide a comprehensive discharge plan and coordinate care with UC Health and other facilities. Transition to home should be smooth.
SAFETY FEATURES	• Safety features like grab bars, non-slip floors, well-lit hallways and accessible bathrooms are important to prevent falls and ensure residents' physical safety.

RESOURCES

Visit websites of the Rehabilitation Facilities

Ask to talk to Facility Liaisons at UC Health

Complete In-Person Visits

Complete Virtual Tours

Visit Joint Commission Website– “Find accredited Organizations” (<https://www.jointcommission.org/>)

Visit CARF website for accreditation – “Find a Provider” (<https://carf.org/>)

WHAT IS A SKILLED NURSING FACILITY (SNF)

WHAT HAPPENS IN A SNF

- A Skilled Nursing Facility is a place where patients go when they need extra help after leaving the hospital.
- SNFs provide nursing care, some therapy and help with daily activities. They are not as intense as Inpatient Rehabilitation (IPR)

WHEN IS IT TIME TO MOVE FROM SNF TO IPR

- Families can watch for signs that the patient is getting stronger and can handle more therapy. It may be time for IPR if the patient:
 - Can stay awake and follow simple directions
 - Can participate in about 3 hours of therapy a day
 - Is medically stable
 - Needs two or more types of therapy (PT, OT, Speech)

HOW FAMILIES CAN ADVOCATE FOR TRANSFER

- Keep notes on progress to share with the medical team
- Ask the SNF team if your loved one is ready for more therapy
- Tell the care team you want an evaluation for IPR
- Contact an Inpatient Rehabilitation Facility (IPR) facility directly to request information

LOCAL INPATIENT REHABILITATION (IPR) FACILITIES

Encompass Health

4953 Section Ave.
Norwood, OH 45212
513-712-9200 (P)

201 Medical Village Drive
Edgewood, KY 41017
859-394-6700 (P)

TriHealth

2155 Dana Ave.
Cincinnati, OH 45207
513-601-0600 (P)

Cincinnati Rehab

4291 Parkview Drive
Blue Ash, OH 45242
513-788-3313