



## November Service Awards

Great companies have great employees! University Hospital has been ranked as one of the region's best hospitals for yet another year. That's due in no small part to the efforts of all our associates, whether you work in direct patient care, administrative or support positions. Please join us in recognizing the following on their recent anniversaries!

### 30 Years

Catherine Lahey, Respiratory Therapy



### 25 Years

James Brooks, Environmental Services  
Dawn Grabill, Infusion Services Barrett Center  
Deborah Hazeley, Admitting & Registration  
Terri Montgomery, Cardiac Cath Lab

### 20 Years

Tracey Alexander, Patient Transportation

### 15 Years

Angela Hall, Environmental Services  
Gail Johnson, Barrett Center Clinical Operations  
James Revels, Patient Transportation  
Rhonda Sarver, Nursing-Surgery 4 Southeast  
Gwenda Wheeler, Environmental Services

### 10 Years

Joan Blunt, Admitting & Registration  
Lydia Frazer, Operating Room  
Sandra Gavin, Admitting & Registration  
Wanda Lockett, Nursing Pool  
Elaine Minor, Environmental Services  
Debra Sperry, Emergency Mental Health Nursing

### 5 Years

Diane Bates, Cardiac Telemetry 6 South  
Ginnger Beckett, Same Day Surgery  
Athena Cook, University Specialties Service  
Brittanie Dillard, Labor & Delivery  
Anne Garvin, Cardiac Cath Lab  
Elizabeth Ledford, Same Day Surgery  
Victoria Lopez, Processing OR/OB/Anesthesia  
Tiffany Miller, Operating Room  
Megan Morse, Emergency Department  
Bianca Renfroe, Outpatient Pharmacy  
Shaunelia Sewell, Patient Relations  
Marchelle Shaw-Donald, Phlebotomy

## 8<sup>th</sup> Floor Ribbon Cutting Event

The final phase of the eighth floor renovation, the south wing, has been completed and the unit opened for patients last week. Over the past year, the eighth floor was transformed into the following areas:

- 8 Northwest, a 30-bed hematology/oncology unit caring for patients with various blood cancers or tumors. This area is also equipped to treat bone marrow transplant patients.
- 8 East, featuring 16 beds dedicated to treating patients with gastrointestinal conditions.
- 8 South, a 14-bed unit focusing on medical patients also with underlying psychiatric issues.

"This is the result of many months of collaboration, planning and teamwork," said Nancy Barone, EdD, Vice President & COO. "It enabled us to increase hospital capacity, add or expand services, and position the hospital to meet our region's growing needs."

Celebrate this achievement by attending the **ribbon cutting ceremony** for the eighth floor on **Monday, Nov. 19 at 4 p.m.**, just outside of the patient and staff elevator bay on eight main. Join us to learn more about the construction process, how these units operate and much more.

## 2nd Annual Pancreatic Cancer Reception



Join the University of Cincinnati Cancer Institute for their second annual pancreatic cancer reception on Nov. 28 from 6 – 8 p.m. at the Barrett Center second floor lobby. The event features an evening of awareness, speakers and donation presentations. *Refreshments will be provided and raffles will be available.*

Guests are invited to wear purple to show their support in the fight against pancreatic cancer. For parking and other information, visit [cancer.uc.edu](http://cancer.uc.edu) or call (513) 584-8900.

# EPIC Thank You to Associates

Join the Associate Satisfaction Committee for cookies and hot chocolate to celebrate and thank UH associates for their hard work during both the outpatient and inpatient go-lives.

When: Tuesday, Nov. 20  
Time: 11 a.m. – 1 p.m.  
Where: UH Cafeteria



The Associate Satisfaction Committee hosts several events, including the Service Excellence Awards, throughout the year. Their primary purpose is to recognize and appreciate the associates who dedicate themselves to our patients and families every day. If you would like to join the Associate Satisfaction Committee or have comments or questions, please send us an email at [AssociateSatisfaction-UH@uchealth.com](mailto:AssociateSatisfaction-UH@uchealth.com).

## November Gift Shop Specials

**Beginning Nov. 19:** Scarf & hat sets, gloves, and head wraps - \$8.99 and up!

**4-Day Special, Nov. 22-25:** 25 percent off toys, games and plush! Buy one watch, get one free (equal or lesser value, excludes Brighton).

**Beginning Nov. 26:** Micro-fleece PJ pants - \$14.99 and up!

**4-Day Special, Nov. 29 – Dec. 2:** 25 percent off purses and wallets (excludes Galleria, Brighton & Vera Bradley).

## Respiratory Professional Update 2012

Drake Center's annual Respiratory Conference will be held at Drake Center on Thursday, Dec. 6 from 7 am-4 pm. Learn the latest trends in pulmonary care & ventilator weaning from the experts at Drake Center and University Hospital. Application has been made to the AARC for 6.5 continuing education contact hours for respiratory therapists. Cost of the conference is \$45. For more information, go to [UCHealth.com/Drake Center](http://UCHealth.com/Drake Center) or contact Eric Hurd at 8-2566.

## Free Sleep Seminar at WCH

For those who suffer from a sleep disorder, bedtime can be stressful and result in exhaustion and affect quality of life. Join West Chester Hospital for a free seminar on sleep disorders, their diagnosis and treatment options. The event takes place on Saturday, Dec. 1 from 9 – 10:30 a.m. in the Plaza Conference Room (Level A) at WCH. Space is limited, reserve your seat by calling (513) 298-3000 by Nov. 29.

## Depression and the Workplace

Did you know:

- 29 percent of employees come to work too stressed to be effective 5 or more days per year
- 66 percent of workers continue to have sustained high stress levels
- 6 percent of adults in any one year are being diagnosed with depression
- the annual cost to employers is \$44 billion in lost productivity alone

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# Plan 2017: What You're Saying About the 20 Initiatives

Over the past few weeks, we've taken some time to really get into the details of Plan 2017—including the 20 initiatives that will help us achieve our vision and bring better health to the region.

And, we've received some great feedback from you about which initiatives you feel are most important at this time.

In particular, you were concerned with #1 Expanding Research & Education Within the Institutes; the various initiatives launching new Centers of Excellence; #8 Increasing Primary Care Physician Recruitment; #9 Increasing Capacity and Efficiency at the UH Emergency Department; #10 Establishing New Multiservice Community Outpatient Centers; and #14 Preparing for Healthcare Reform.

While all 20 initiatives are vital to our future success and the health of our community, there was an overwhelming consensus among associates regarding the importance of Initiative #7, Improving Patient and Family Experiences at All Service Sites.

"Patients and families are the FOUNDATION of our existence," wrote Michelle Dornbusch-Wilson, who serves on the Drake Center case management team. She won the prize drawing for her response to the Plan 2017 week 3 question about which of the initiatives readers would like to see happen immediately. "Improving their experiences is crucial to success," she continued.

We couldn't have said it better. Because without our patients and the positive experiences we create for them, who are we? That's why it's so important that each of us shows up every day ready to make a difference in their lives.

Not only will Initiative #7 serve as a cornerstone for the other 19, it's also the easiest to get involved in. First, always be pleasant and helpful, not just with patients and families, but with each other. And let your manager know when there are patient issues that need to be addressed.

So, let's get started today and show our patients the pride of UC Health! Visit the Plan 2017 site at [uchealth.com/plan2017](http://uchealth.com/plan2017).

## UC Health Women's Center Opens Spring 2013!

One of the first initiatives you'll see brought to life is #11, the new UC Health Women's Center at West Chester. Led by women's health expert Lisa Larkin, MD, the Center will be the only facility of its kind in the Cincinnati region.

Here, women will receive the comprehensive, evidence-based, multispecialty medical care they need throughout their lives. Care will range from wellness and prevention to diagnosis and treatment, supported by on-site clinical research and education programs for health professionals and the community.

Watch for the Grand Opening in spring 2013!

# UC Library Agreement Offers Access to UC Health Associates



Need to find evidence-based practice guidelines? Wish you had access to a variety of health sciences databases? Want the latest research on diagnoses or treatments?

Thanks to a recent agreement between UC Health and the University of Cincinnati, all employees of UC Health now have access to health sciences and research-level library collections and services through UC Libraries' Donald C. Harrison Health Sciences Library.

Resources of the Donald C. Harrison Health Sciences Library include:

- 800+ online databases.
- 30,000+ health sciences e-books and 149,000+ total e-books.
- 200,000+ print volumes on site.
- Point-of-care resources including MD Consult and DynaMed.
- Evidence-based resources including ACP Journal Club, ACP Pier and Cochrane Library.
- Patient-education resources from McGraw Hill's Access Series, Medline Plus, MD Consult and more.
- A suite of nursing reference tools.

In addition to the health sciences specific resources, UC Health employees will also have access to the entire collection of more than 4.2 million volumes available throughout UC Libraries as well as the more than 48 million items found in OhioLINK (90 academic libraries in Ohio).

Library services provided to UC Health employees will include full access to electronic resources, borrowing privileges at all 10 UC libraries, personalized reference service from health sciences librarians, a web portal optimized for viewing library resources on mobile devices, document delivery and more.

To access library resources and services, UC Health employees need only to register online at <http://guides.libraries.uc.edu/uchealth>. This website will also serve as UC Health employees' gateway to the information resources and services provided by the Health Sciences Library and UC Libraries.

For more information about the resources and services available to UC Health employees, or to schedule an instruction session, contact:

- Leslie Schick, Associate Dean, UC Libraries and Director, Health Sciences Library  
(513) 558-4321 [leslie.schick@uc.edu](mailto:leslie.schick@uc.edu) or
- Kristen Burgess, Information Services Librarian  
(513) 558-3071 [kristen.burgess@uc.edu](mailto:kristen.burgess@uc.edu)

## Important W-2 Information

Do you want your 2012 W-2 sooner rather than later? With your consent, your original W-2 will be posted on a secure web site on January 14, 2013. **If you have consented previously, you do not need to do anything.** If you have not previously consented for online delivery, then here is what you need to do by January 11, 2013:

Go to ePayroll

- Through the intranet: Associates, Pay - ePayroll
- On the Web: <https://paperlesspay.talx.com/healthall>

Login to your account the same way you log in to ePayroll. Enter:

- Your associate ID number:
- Your PIN (if you have never logged into ePayroll, your default PIN is the last 4 digits of your SS# plus your 4 digit birth year (e.g., 12341942) If you have forgotten your PIN, use the self service PIN reset by clicking on the "Forgot your PIN?" or call TALX Client Services at 1-800-920-3729 for assistance. If your PIN is reset by TALX it will be set to the default PIN – follow the instructions above, you will be prompted to change your PIN. Your new PIN must be all numbers, minimum of 8 and a maximum of 16.

Select the W-2 Services box – you will be directed to W-2 eXpress Select "Go Paperless Today"

- Read the disclosure and complete the consent form
- Provide the following:
  - Primary (and secondary) e-mail address
  - Mailing address
  - Home/work phone number

You will receive an e-mail confirmation when you enroll for online delivery as well as confirmations of any changes you make to your contact information.

You will receive e-mail notification when your W-2 is available, along with instructions for retrieval.

If you are unsure if you have consented to receive your W-2 online, you can log into W-2 eXpress via ePayroll to confirm your status. There will be a message that states, "You are already enrolled to receive your original W-2 electronically."

If you decide to receive a paper W-2, it will be mailed on or before January 31, 2013. It is imperative that you verify your address to ensure that you will receive your W-2.

- Go to ePayroll
- Select Personal Information
- Look at your address, if it is incorrect
  - Select Update Your Personal Information
  - Fill out both the home and mailing address sections and save

## Depression and the Workplace

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- productivity losses with mood disorders are associated with greater levels of absenteeism compared with other chronic conditions

### What you can do:

- make your wellness a top priority
- take advantage of employer sponsored wellness programs
- strive for work life balance
- use stress reduction and self care strategies

Call: UC Health Employee Assistance: 585-6100 for confidential counseling!