

Research Institute at Lindner Center of HOPE to Test Medication in Intermittent Explosive Disorder Treatment (IED)

By mid-August Lindner Center of HOPE researchers anticipate recruiting for a new medication trial that could impact the treatment of Intermittent Explosive Disorder (IED). IED, characterized by an inability to resist aggressive urges and explosive outbursts, affects six percent of the general population with no designated medications currently available for treatment.

The exploratory Phase II study, expected to begin in mid to late August, has been designed to examine the efficacy, safety and tolerability profile of the novel V1a vasopressin antagonist (SRX246) against placebo, in adults meeting the DSM-5 (Diagnostic and Statistical Manual) criteria for IED. A large body of translational research indicates that blocking the vasopressin (V1a) receptor might be a plausible form of treatment. Studies have found that vasopressin (V1a) has an established role in signaling social and emotional behavior, including aggression.

DSM-5 criteria for IED defines it as recurrent behavioral outbursts representing a failure to control aggressive impulses as manifested by either:

- Verbal aggression or physical aggression toward property, animals or other individuals, occurring, on average, twice weekly for a period of three months. The physical aggression does not result in damage or destruction of property and does not result in physical injury to animals or other individuals.
- Three behavioral outbursts involving damage or destruction of property and/or physical assault with physical injury against animals or other individuals occurring within a 12-month period.

The behavior is distressing for the individual and is not premeditated and not due to another psychiatric illness.

“This disorder comes with lots of complications,” according to Dr. Susan McElroy, Chief Research Officer, Lindner Center of HOPE. “Often we see individuals struggling with IED facing legal problems, social issues, marital difficulties, child abuse concerns, medical problems from injuries sustained during the physical outbursts, significant distress, severe psychosocial complications and even loss of employment.”

“The potential for gaining control over IED with medication would be incredibly beneficial for those struggling.”

The clinical trial is seeking to recruit males and females age 18 to 55 with moderate IED. Candidates with substance abuse disorders, compromised medical health or currently taking psychotropic medications will not be eligible to participate. Those meeting criteria should expect to participate in 8 weeks of treatment.

If interested in participating in the trial, contact (513) 536-0710.

You and a guest are invited
Lindner Center of HOPE’s
SEVENTH
ANNIVERSARY CELEBRATION

Sunday, August 16
5:00 p.m. - 8:00 p.m.
at KAZE

1400 Vine Street, Cincinnati, Ohio 45202

DINNER BY THE BITE RAFFLE BASKETS KARAOKE

Please RSVP to Kelly Hines by August 12, 2015.
kelly.hines@lindnercenter.org or call 60328.



JULY 2015

LINDNER CENTER OF HOPE EMPLOYEE NEWSLETTER

CALENDAR OF EVENTS

August 4
Grand Rounds: Jonah Yokoyama, BSN, RN and Director, Heartland Trans* Wellness Group and RN at Cincinnati Children's Hospital Medical Center's Pediatric Psychiatry Division at Lindner Center of Hope and June Huelskamp, MSW, LISW-S, Owner, Latitude Therapeutic Practices and Heartland Trans* Wellness Group Advisor and Treasurer presents on Caring for Transgender Clients at Noon, Lindner Center of HOPE Gymnasium/Conference Center

August 12
Mason Community Outreach: Christ Tuell, EDD, LPCC-S, LICDC, presents on Behavioral Addictions: Gambling, Pornography, Internet and Spending, Mason Community Center, 6050 Mason-Montgomery Rd., 6:30 p.m.

SAVE THE DATE
Be sure to mark your calendars for this upcoming event:
Saturday, September 26, 1 – 4 p.m. Niederman Farm – there will be lots of fun activities for the kids, including a corn maze and pumpkin patch
More details to come as we get closer to the events!

Advancing HOPE - Campaign Dashboard
Cash and pledges received from December 1, 2012 - June 30, 2015 Total Campaign Commitments \$13,457,704 Distribution of Gifts/Pledges:

Total Campaign Commitments	
Distribution of Gifts/Pledges:	
\$55,253,744	Endowment
(includes \$2.6M in bequest gifts)	
\$5,104,216	Capital
(Facilities & New Program Enhancements)	
\$2,330,481	Unrestricted
\$769,263	Restricted Funds

PATIENT SATISFACTION
Patient Satisfaction results for April 2015 averaged a rating of **4.81 out of 5**, with 5 signifying the best possible care.
[You can view all Patient Satisfaction Survey Results on the marketing intranet page.](#)

Dear All,

We are pleased to announce that HOPE Center North is open and ready to accept your referrals. If you are working with or know personally an individual who needs outpatient substance abuse treatment, I assure you this location offers the best treatment in a very nice environment.

HOPE Center North at 4483 Route 42 in Mason is open for the outpatient treatment of substance use disorders. Included in the services offered at the new HOPE Center North location are: Outpatient and Medication-Assisted Treatment (MAT). The Intensive Outpatient Program (IOP) will remain at Lindner Center's main campus for now.

MAT is the use of medications in combination with counseling and behavioral therapies, to provide a whole-patient approach to treatment of substance use disorders. Research shows that when treating substance use disorders, a combination of medication and behavioral therapies is most successful.

The staff at HOPE Center North approaches treatment of substance use disorders as a continuum of care from prevention and education to treatment and ongoing supports for sustained changes that will lead to a healthy and balanced lifestyle.

Comprehensive assessments will be completed with participants to ensure proper diagnosis and recommendations for the appropriate level of care. All phases of assessment and care planning include the preferences of the client as the course of abstinence and pursuit of recovery is outlined.

Services are individualized allowing for matching the person with the right level of care, at the right time for the right amount of time. By offering a comprehensive screening and assessment process that involves collaboration with family, significant others, and other care providers, we are able to develop a plan of care with the individual to optimize the chance for lasting change.

Call (513) 536-0050 for assistance.

Thanks,



Paul E. Keck, Jr. M.D.
President and CEO



Suggestion winner

Thanks to Carla Wright for her excellent observation about patient safety. Carla observed that food was being sent to the patient care units for patient families in plastic bags. Plastic can easily be used by patients to harm themselves. Just having it present on the unit creates a potential safety risk.

Thanks to Carla's suggestion plastic bags we are no longer being using for family meals going to the patient care units!





Miranda Mclwain is our STAR winner this month!

Miranda received four nominations from employees this month for her great expertise in EPIC, and her willingness to help others. She is very knowledgeable in her position. In addition, she was complimented for being positive and upbeat. She always goes out of her way to help others and is a pleasure to work with.

Miranda – thanks for sharing your expertise with others and being such a great TEAM player!

OTHER STAR NOMINATIONS

Matt Lucas – He was able to give me directions as I was driving when I had no idea where I was going at 6 in the morning. Matt gave me verbal directions while I was driving until I couldn’t remember any more then when I got to that point he graciously gave me final directions to my destination. You’re a life saver Matt! Thank you.

Karen Dougherty – She is always willing to cover the outpatient area downstairs when outpatient is short on top of her medical staff coordinator duties.

Elisabeth Renner, Jessica Greany, Kristin Longfellow – They’re all-stars because they went far above and beyond what was normal to assist me during a very busy day on June 12 on North. I couldn’t have done it without their hard work.

Bonnie Hilz – On 5/11/15 the phones at the Welcome Center stopped ringing. No calls were coming through. Bonnie remained calm and very persistently figured out who to call to fix phones. She then took care of all the messages with a smile. Thanks!

Holly Rentz – She is always attentive to the needs of clients. She uses individual and group time to inspire change. It is always great to see her use of humor to brighten a client’s day.

Cyndi Johnson – She has a willing attitude. She is new to Sibcy but she has been a model MHS from the start. Her positive attitude and experience makes her great to work with.

Hallie Burger – She always brings a positive

and well -adjusted attitude to any situation. She is encouraging to clients as well as peers. Her wisdom is a great asset to Sibcy House!

North Team (Carla, Abeer, Shannon & Julie) – We Rock! Thank you for being team players! We could not have had a successful weekend without working together, but we did and we did it! Go TEAM!

Kayla Lee – She is thoughtful, caring and a positive team member. She went out of her way and came in on her day off to help a patient feel cared about and experience a positive ending to her time with us. Thanks Kayla!

Cheryl Denneman – She always goes the extra mile for patients and families. Cheryl is a “go to” person for all things intake. She is an Epic Super Star, a hard worker and an asset to LCOH.

Amber Rae – She took the initiative to help improve the implementation of EPIC on Williams House.

Kelly Hines – For stepping in and helping me package and mail our picnic themed referral gifts. She is a joy to work with also!

Kellie Korte – For being flexible and understanding when a patient was escalating and had requested to only speak with Kellie. Thank you for being understanding!

Emily Fairchild – For being flexible and willing to stay over to accompany a group of patients on an outing. Another MHS was scheduled to go but a patient requested to only communicate with that specific MHS. You’re

flexibility allowed us to keep a situation under control and everyone happy.

Brittany Campbell – She successfully removed a precious ring from a patients finger after swelling prevented its removal. She performed a trick she had seen online. Great job Brittany, as always for all you do.

Brittany Campbell – She displays the value of Respect. Brittany constantly recognized the contributions and value in her coworkers, which in turn leads to the other three values – Service, Teamwork and Excellence.

Chanda Kelley – More than once she has stayed over her shift to help with staffing holes. She is efficient, competent and hardworking! LCOH is lucky to have her. Thanks Chanda!

All of 2nd Shift on North & South – On the evening of 5/30/15 there was much shuffling around to cover staffing holes and help with admissions. A perfect example of team work - You ROCK!!

Crystal Allred – Without being asked, she volunteers to help out on other units. This is the kind of team work that is most appreciated. Thank you Crystal!

Pam Wright – When a unit was having a “mini-crisis” she stayed over her shift and made sure the staff had what they needed to take care of patients. This is typical for her and she is very much appreciated.

Michael Grossi – He responds to needs and request in a timely and supportive manner to achieve the best outcomes. Thank you Mike!

Patient Appreciation

Dr. Brady, Dr. Bosse, Dr. Gibler – Drs. Brady, Bosse and Gibler are extremely caring and attentive professionals who listened and addressed any concerns I had about my therapies, medications and plan of care. Thank you to all of them for all their kindness, care, and giving spirits.

Jessica Greany – All staff were WONDERFUL, especially Jessica. She was down to earth and willing to listen at any time. Overall, I LOVE the Lindner Center and would recommend it to ANYONE! Thank you for everything you do! I feel grateful and blessed to have had a chance to have been here!

Stephanie Sennett, Kimberly Allen, Adam Dunn, Jessica Greany, Elisabeth Renner, Abeer Shteivi – The staff was absolutely amazing. I’d like to specifically address how accommodating and friendly Adam, Jessica, Elisabeth, Stephanie, all of the nurses (especially Kimberly), and Abeer were over on Adult North. Staff did an incredible job. Jessica, specifically, was my favorite. She was very approachable and gave really good coping techniques. Stephanie was another good one. She has improved myself esteem and how I view myself since my stay here. I’d like to thank everyone for doing an awesome job and

helping me get to where I am now. This was definitely an experience that I will take throughout my whole life. Thank you again.

PHP Team – Thank you so much for what you have done for me. Kathryn, you read me like a book. On days when I didn’t feel good or when I was hiding something, you knew how to gently pry it out of me. Amy, you have been so sweet and I loved having lunch with you. You definitely know how to do your job. Jane, you totally “crushed it”! I loved always referencing pitch perfect with you during lunch. Kathleen, you are one of the funniest people I know. You have such a sweet and affirming attitude. I always ended up laughing when I really wanted to cry. Thank you so much again for being supportive and helping me learn more about myself and fighting back. You guys are the best.

Dr. Kassar, Heather Connor, Erica Pendleton – My wonderful, awesome team, I am a new person and I am alive because of you. I thank you for caring for me and not giving up on me, but giving me the strength and drive to succeed in my Step 1 journey as it relates to my recovery treatment. Dr. Kassar you have taken such good care of me. Your compassion was so genuine. Heather you always made me feel

like there were no worries. You never rushed me when we would meet. What a tremendous help you are/were to me in my treatment preparation for discharge. Allison you have given me so much “HOPE” and strength. I enjoyed our groups and also our one-on-one sessions. Erica, wow you have been so helpful to me throughout my restoration treatment and have learned so much about meal planning, nutrition, electrolytes, etc. I want you to know that I am on the right path because of all of you. I have found the happiness and laughter that I had lost.

Jason Thompson – He did my assessment and his is the most amazing and uplifting person I have met in my 46 years.

Kathryn Connor – Your feisty, understanding personality really pushed me out of my comfort zone. You helped me accept and move on. I appreciate you listening to my stories, and even though it is your job, I can tell you are not doing this for the job. You are doing it because you care. The past 10 days haven’t been the best for me, but I am forever thankful for you and the lessons you taught. You have helped change my life for the better. I am very thankful.

Wellness Matters Winners

Congratulations to the winners for the first quarter drawing for the Wellness Matters Program. Each won \$100 Kroger Gift.

Angela Pruett , Human Resources	Emily Musonza , Rec Therapy	Janie Pippa , Finance
Kellie Korte , Sibcy House	Darlene Maidlow , Rec Therapy	Stephanie Williams , Research
Rebecca Hnatiuk , Rec Therapy	Amy Mounce , Administration	

Drawings are done each quarter. For each level of participation you achieve, you will receive 1 entry for the drawing. You still have plenty of time to earn points for this quarter: July – September.

Pedometers – If you would like to purchase a pedometer, they are available in Human Resources for \$25.00.

The Virgin Pulse Health Station is available in the back hallway near PO&M. It is a great way to take your blood pressure and weigh in. The information is automatically uploaded to the Virgin Pulse website.

NEW EMPLOYEES				
Welcome to these new employees who joined us in the last month:				
Gima Albers Social Worker	Maggie Lozier MHS - Sibcy	Tanay Davis Registration Spec	Michelle Minette Psychology Intern	Troy Adams Food Service Associate
Sarah Leighton MHT - North	Adrenna Jones MHS - Williams House	Shri Vaish M.D. Moonlighter	Paget McCarthy Psychology Intern	Joan Clear Dietary Tech
Shamez Houston MHS - Nursing Admin	Rebecca Williams Recreation Therapist	Kathleen Brewer HUC - South	Kathryn Mancini Psychology Intern	Ildiko Sherman RN - Sibcy