

Get to know *Dr. James Whiteside*

Does not prefer the spotlight.

Morning routine is simple: wake up, shower, dress, eat, get a jolt of caffeine, and drive to work

His ancestors were clockmakers

Would be a cabinetmaker if he weren't a physician

Using his hands to create something functional and artistic out of wood appeals to his heritage and spirit

Was voted "easiest to get along with" in high school

Has been married for over 25 years to his best friend

Inspired by Jesus to put others before self, but he believes "he's far from succeeding in that effort"

Books over TV. "Adventures of Huckleberry Finn" is his all-time favorite

Born in St. Louis, Missouri; grew up near DC

Bucket list? Dr. Whiteside cites Immanuel Kant, a prominent Western bioethicist, who once remarked, 'we are not rich by what we possess but by what we can do without.' He avoids bucket lists

Enjoys medicine, enjoys being a teacher, enjoys empowering his patients

