

HEADED TO THE HOSPITAL?

THINK VTE

ASK YOUR DOCTOR ABOUT YOUR RISKS

Venous thromboembolism (VTE) is a life-threatening but preventable condition that affects millions of people worldwide.

VTE refers collectively to deep vein thrombosis (DVT), a blood clot that occurs in a deep vein usually in the leg, and pulmonary embolism (PE), a clot that breaks loose and travels to the lungs. PE is often deadly.

Up to 60 percent of VTE cases occur during or after hospitalization, making it the leading cause of preventable hospital death. When conducted by a health care professional, a VTE risk assessment can indicate personal risk and lead to proper prevention.

Questions to Ask Your Health Care Professional

QUESTIONS	IMPORTANT NOTES
What is my risk of developing a DVT or PE? Please conduct a VTE risk assessment.	
What can be done to lower my risk of developing a DVT or PE?	
Will I be given some type of blood clot prevention while at the hospital?	
Will I be given some type of blood clot prevention when I leave the hospital?	
What are the warning signs or symptoms of a DVT or PE?	
What should I do if I have any warning signs or symptoms?	