

Songs of Strength Choir Series

Music Therapy for Cancer

A music therapy-based choir experience for individuals with *Cancer, Chronic Illness and their Caregivers*.

Bring your voices together in song through a group experience that builds relationships and creates community among people diagnosed with cancer and a person who cares for them. It is for anyone who doesn't want to travel the journey alone. Raise your spirits and your voice, as we share common experiences while singing together.

A weekly choir rehearsal can:

- improve breath control
- connect with others
- exercise your voice

When:

Every Tuesday (1 time a week for 12 weeks)
1:00 P.M. – 2:00 P.M.

Instructed by:

Betsey Zenk Nuseibeh, MM, MEd, MT-BC
Christina Weber, MT-BC

No referral or experience required.

Classes specifically designed for patients with Cancer, Chronic Illness and their Caregivers.

This class is at no cost to patients and their caregivers due to the generous support of the *Harold G Schott Foundation*.

Where:

In light of the COVID-19 pandemic, this class will be taught virtually thru Microsoft Teams. We welcome you to participate in the comfort of your own home.

Participants must have a UC Health MyChart account to participate.

Reserve your spot today by calling 513-475-9567(WLNS)

For more information on all UC Health Integrative Medicine Services visit [uchealth.com/integrative](https://www.uchealth.com/integrative).